

HAZELNUTS/FILBERTS Nutritional Content (in 100 grams)

Calories.....	628.0	Sugars.....	4.3g	Total Trans Fat.....	0.0g	Iron.....	4.7mg
Protein.....	14.9g	Added Sugar.....	0.0g	Cholesterol.....	0.0mg	Sodium.....	0.0mg
Carbohydrates.....	16.7g	Total Fat.....	60.7g	Vitamin D.....	0.0mcg	Potassium.....	680.0mg
Dietary Fiber.....	9.7g	Saturated Fat.....	4.4g	Calcium.....	114.0mg		

Source: USDA National Nutrient Database Release 28

**HAZELNUTS/
FILBERTS**

SIZES



**WHOLE NATURAL
RAW 54015**



**MANUFACTURED
WHOLE BLANCHED
D/R 04551**



**LARGE DICED
FOR INFO ONLY**



**MEDIUM DICED
FOR INFO ONLY**



**SMALL DICED
FOR INFO ONLY**



**NATURAL MEAL
FOR INFO ONLY**



**BLANCHED GRANULATED
FOR INFO ONLY**

All nuts are not
**CREATED EQUAL NOR
TREATED EQUAL.**

We deliver product unmatched in
**QUALITY, TASTE, AROMA
AND TEXTURE.**

EVERY DAY.

We can offer
what no other
manufacturer can.

